



Northern Buckeye Conference

Middle School Track and Field Championships

Otsego High School, Friday, May 12, 2023

Middle
School
Track

18505 Tontogany Creek Rd, Bowling Green, OH 43402
Phone: (419) 823-4381

Meet manager: Richard Morgan, phone: 419-601-1976
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- Teams:** Eastwood, Elmwood, Fostoria, Genoa, Lake, Otsego, Rossford, and Woodmore
- Scratches:** **Please check the program. Make sure everything is correct.** If there are any corrections, changes, scratches, or substitutions, please come to the press box before the coaches' meeting if possible. Once the meet begins, only drops will be accepted, except for injury.
- Meeting:** There will be a **short coaches' meeting at 3:15** in the press box.
- Prelims:** In the 100/110 M Hurdles, 100 M Dash, and 200 M Dash, the heats have been seeded as evenly as possible based on submitted times. ***The top 2 runners from each heat plus the next 4 fastest times will advance to the finals.*** In the 200 M Hurdles and 400 M Dash, athletes were placed into two heats, run from slower to faster, based on submitted times. However, anyone can score from either heat.
- Field Events:** In the SP and DT, the athletes have been seeded randomly in flights. Each athlete will get three attempts, and the top 9 competitors will advance to the finals. The LJ was seeded alphabetically by school, with the competition being open pit for one hour for each gender. Each athlete will get three attempts, and the top 9 competitors will advance to the finals.
- Relays:** As there will be no relay cards, please report changes in runners to the press box, just like any other event. Please use your own batons.
- Zones:** We are asking that coaches help judge exchange zones during the relays. Please report to the exchange zone assigned. Flags will be provided.
400 m relay zone 1: Elmwood, Fostoria
400 m relay zone 2: Genoa, Otsego
400 m relay zone 3: Rossford, Woodmore
800 m relay zone: Eastwood, Lake
- Heights:** We will use the following starting heights: Girls HJ 3'10", Boys HJ 4', Girls PV 5', and Boys PV 6.' **These can be changed at the coaches' meeting by common agreement.**
- Scoring:** We will score 8 places. (10-8-6-5-4-3-2-1)
- Awards:** There will be team trophies for champion and runner-up. Plaques will be given to winners. All awards will be available in the press box after the meet.
- Markings:** Tape is acceptable to mark the high jump. Please use your own tennis balls to mark relay zones.
- Results:** All results will be posted on baumspace.
- Live Results:** Results will be posted on baumspace as events are completed.



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Middle School Track and Field Championships Schedule and Information

Middle
School
Track

Field events

- 4:00 PM
- Girls Pole Vault, boys to follow
 - Girls High Jump, boys to follow
 - Boys Long Jump, girls to follow
There will be 3 attempts, then the top 9 jumpers will advance to finals for 3 more attempts. Competition will be open pit for one hour, then finals.
 - Boys Shot put, girls to follow
There will be 3 attempts, then the top 9 throwers will advance to finals for 3 more attempts. Competition will be open pit for one hour, then finals.
 - Girls Discus, boys to follow
There will be 3 attempts, then the top 9 throwers will advance to finals for 3 more attempts. Competition will be open pit for one hour, then finals.

Starting heights: Girls HJ 3'10", Boys HJ 4', Girls PV 5', and Boys PV 6'

Semifinals for Running Events

In the semis, the top 2 runners from each heat plus the next 4 fastest times will advance to the finals.

- 4:30 PM
- Girls 100 M Hurdles Semis
 - Boys 110 M Hurdles Semis
 - Girls 100 M Dash Semis
 - Boys 100 M Dash Semis
 - Girls 4 X 800 M Relay final**
 - Boys 4 X 800 M Relay final**
 - Girls 200 M Dash Semis
 - Boys 200 M Dash Semis

Finals for Running Events

This time is approximate. Finals will start about 30 minutes after the semifinals. Actual starting time will be announced.

- 6:00 PM (approx.)
- Girls 100 M Hurdles Final
 - Boys 110 M Hurdles Final
 - Girls 100 M Dash Final
 - Boys 100 M Dash Final
 - Girls 4 x 200 M Relay
 - Boys 4 x 200 M Relay
 - Girls 1600 M Run
 - Boys 1600 M Run
 - Girls 4 x 100 M Relay
 - Boys 4 x 100 M Relay
 - Girls 400 M Dash (2 heats)
 - Boys 400 M Dash (2 heats)
 - Girls 200 M Hurdles (2 heats)
 - Boys 200 M Hurdles (2 heats)
 - Girls 800 M Run
 - Boys 800 M Run
 - Girls 200 M Dash Final
 - Boys 200 M Dash Final
 - Girls 4 x 400 M Relay
 - Boys 4 x 400 M Relay

Note: There is a required 20 minute gap between the start of the girls 200 and the start of the girls 4 X 4. If necessary, we will hold the relay so there will be the 20 minute rest.